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NANOPARTICLES AS A NOVEL DELIVERY SYSTEM FOR VITAMIN C ADMINISTRATION IN AQUACULTURE

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Introduction

Nanotechnology:

• Application of materials at the nanoscale to produce new products or processes.

Nanotechnology in aquaculture:

• New tools for fish biotechnology, nutrition, genetics, reproduction and aquatic health.

Feeding problems:

• Instability of ingredients in aquafeeds - poor delivery of micronutrients.

Outbreak of disease:

 One of the major stumbling blocks in the development and sustainability of aquaculture.

Polymer matrix nanoparticles:

• Attractive alternative in an attempt to solve these important problems in the aquaculture field.



Introduction

Applications of Nanoparticles (NPs) in Aquaculture

Food packaging

Texture

Physical properties of fish food

Micronutrient delivery systems



Why nanoparticles as micronutrients delivering systems?

High stability

Biodegradable system

Easy to store

Large-scale applications

High mucoadhesivity

Absorption increases

Introduction

The state of the art

Little information is available about the bioavailability, uptake and distribution of polymeric nanoparticles in aquatic organisms and their effects.

- Ascorbic acid (AA) loaded **nanoparticles increased the permanence time of AA** in rainbow trout digestive tract (Alishahi et al, 2011).
- No references to the use of polysaccharides complex to transport vitamin c.
- Polysaccharides complex can provide better protection than CS-TPP NPs.
- **No known references** of the use and evaluation of this type of particles in zebrafish, sole or rotifers.





Nanoparticle preparation methodology

Delivering system tested:

Ionotropic gelation (CS-CD-TPP)

- Ascorbic acid was used as a model of hydrosoluble micronutrients (5/1; CS/AA w/w).
 - The AA content was analyzed on a Finnigan Surveyor Plus HPLC system.
- Fluorescein isothiocyanate (FITC)-labeled BSA (BSA-FITC) was used as a fluorescein model protein to evaluate the properties of nanoparticles and to perform uptake studies.



Methods and results **NPs** made by lonotropic gelation (CS-CD-TPP) Chitosan-CD-**TPP (CS-CD-**Compounds were added to TPP) The CD-TPP **Particles were** nanoparticles a CD-TPP solution was isolated by **Nanoparticles** were prepared solution added by centrifugation were then by ionotropic under at 4°C for 60 freeze-dried peristaltic gelation as magnetic min at 18000 for use pump under described stirring at CS rpm Teijeiroroom Osorio et al. temperature (2009)



Physico-chemical properties of NPs

Table 1. Physico-chemical properties of non-loaded NPs, AA-NPs and FITC-NPs.

Nanoparticles	Size (nm)	Polydispersity index	Zeta potential (mV)	Yield (%)	EE (%)	LC (w/w)	AA release in 2 h (%)
Non-loaded NPs	253,1±32,1	0,37±0,06	35,5±1,13	23,4±2,6	-	-	-
AA-NPs	255,3±22,9	0,34±0,04	34,1±1,6	32,8±4,3	15,7±1,2	4,47±1,5%	6,57±0,52
FITC-NPs	258,5±16,9	0,38±0,03	37,7±1,5	27,6±3,0	-	-	-

EE = encapsulation efficiency.

LC = AA loading capacity









NPs in vitro evaluation

ZFL cell culture and cell toxicity studies

Using zebrafish hepatocytes (ZFL).



MTT/LDH assays.

ZFL cells were seeded in 24-well plates 24 hours before toxicity studies.

Assay doses: 0, 0.1, 0.25, 0.5, 1, 2.5, 3.5 and 5.0 mg/ml of NPs for 24 h.







Sensitivity of ZFL cells toward various doses of different nanoparticle formulations. a) Cell viability by MTT assay; b) Cell cytotoxicity by LDH assay. (Mean ± SE). Statistical significance was accepted for p<0.05.

EC50(mg/ml)	MTT	LDH
FITC-NPs	3,0±0,38	3,48±0,65
Non loaded	4,41±0,84	3,9±0,3
AA-NPs	3,98±0,31	4,88±0,42

Cell viability did not decrease up to a higher NP concentration of 2.5mg/ml. To avoid potential toxic side-effects, these NPs should be used at doses below

2.5mg/ml

ZFL cell uptake studies

Using Bovine serum albumin (BSA) labeled with fluorescein isothiocyanate (BSA-FITC) loaded in NPs to evaluate the cell uptake.

Time-course and dose response of endocytosis:
Time course: 1, 3, 6, 12, 16 and 24 h post-treatment with 1mg/ml of FITC-NPs.

- Dose response: 6 h using different FITC-NPs doses (0.25, 0.5, 1 and 2.5 mg/ml).
- Quantify the uptake of NPs by flow cytometry.
 - Confocal microscopy (at 3h and 16h).



A P



Time course (a) and dose-response (b) of ZFL cells treated with FITC-NPs analysed by cytometry





Cell nuclei

In vitro uptake of BSA-FITC delivered by nanoparticles after 16h





NPs



(masking)

16h

(masking + clipping)





Effect of NPs on total cell antioxidant capacity

- 2,5mg/ml of AA-NPs for 6h.
- LPS to induce cell oxidative stress.
- Antioxidant assay Kit.
- Trolox equivalents.





NPs in vivo evaluation

Solea senegalensis post-metamorphic larvae









Methods and results

BSA/BSA-FITC loaded nanoparticles were dispersed in PBS. Nanoparticles were administered to sole fish larvae by gavage.

After 2h, the whole intestine was removed and flushed with PBS. Each intestine was fixed with paraformaldehyde, permeabilized by immersion in Triton X-100 and stained with a solution of BODIPY® 665/676) in methanol. Intestines were mounted on glass slides and analyzed using a confocal laser scanning microscope.





Focusing in BSA-FITC nanoparticles



Rotifers (Brachionus plicatilis) enrichment with NPs

AA is an essential micronutrient for marine fish that plays a key role in a range of physiological processes.

Since AA is very unstable, we are using chitosan nanoparticles as AA carriers.

In vivo assay: Rotifers were placed in small containers (150ml) after 24 hours of starvation, then experimental nanoparticles were supplied for 2 hours.









Key conclusions

BSA-FITC delivered by **CS-CD-TPP** nanoparticles is <u>completely internalized in ZFL cell</u> both at 3 and 16 hours. Fast delivery as also seen by FACS (max. uptake at 6 hours and 100% cells endocyting FITC-NPs)



16h





Key conclusions

The NPs prepared for the present work were able to penetrate the intestinal epithelium of *Solea senegalensis* post-metamorphic larvae.





To Summarise:

The overall goal of this work was to assess the potential of nanoparticles (NPs) based on **biodegradable and non-toxic materials** as a vehicle for the **delivery of vitamin C** to aquatic organisms and to know their response to this type of particles

We have obtained **nanoparticles** with **small size**, **positive charge and they are able to be internalised** by zebrafish hepatocytes increasing the total antioxidant capacity. In addition, this delivery system is **able to penetrate through the intestinal epithelium** in *Solea senegalensis* larvae

Nanoparticles can function like carriers of essential micronutrients for marine fish or larvae prey, such as ascorbic acid.

The NPs developed in the present work are functional and might represent an **interesting tool for oral administration of active compounds**, opening new possibilities in nutrition studies and other fields in aquaculture.





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